

ACKNOWLEDGMENT OF NOTIFICATION AND COUNSELING
Election to Appear Via VTC

I _____ acknowledge notification of my pending MMRB. I hereby
(Rank, First In, Last Name)
acknowledge receipt of this notification and will be present via VTC for the MOS/Medical Retention Board
(MMRB) at time, place in BDUs.

(Initials)

I understand that _____

- (a) I am electing to appear before the MMRB via VTC.
- (b) Retention by the MOS/Medical Retention Board does not exempt me from meeting the physical requirements for attendance to military education schools (NCOES).
- (c) Attendance at NCOES is a prerequisite for promotion to the grade of E-5 through E-9.
- (d) If my medical condition precludes me from meeting the requirements for my next level of NCOES, I will not be promoted to the next higher grade.
- (e) I desire to be (Check one):
 - ____ Retained in current PMOS
 - ____ Reclassified to another MOS
 - ____ Referred to the PEB

(Soldier's Signature)

(Date)

(Counselor's Signature)

(Counselor's Printed Name)